2.5 day Emotional Intelligence Course - $695
Emotional Intelligence Course is 5 weeks – 18hr – 33 PDU's
[Click Here to Request a Syllabus] Emotional Intelligence Course Objectives: **Learn and understand**

1. Benefits of Emotional Intelligence (EI) for Project managers.
2. A Framework of Emotional Intelligence for Project managers.
3. Your own personal Strengths and Weaknesses related to Emotional Intelligence
4. How to use Emotions as a source of Information in your Career.
5. Techniques for Recognizing and Avoiding Emotional Breakdowns in you or your team members.
6. Key Principles that Increase your potential for Success
7. What Empathy is, how to communicate with empathy and how to use it effectively in and outside of your work.
8. To apply specific EI techniques and tools to respond to various situations
9. To develop a plan to Implement Emotional Intelligence as a lifestyle after this course

Course Content and Expectations:
A study of Emotional Intelligence: The course is designed for the novice to experienced manager, team member, individual contributor or stakeholder who desires to use Emotional Intelligence effectively to increase their probability of Success in their workplace and personal life. . We will Study several key concepts supporting this thesis.

They are:

- 5 key steps to start down the Emotional Intelligence path
- 5 myths about Change
- 5 principles of the reality of Change
- 15 key Principles to Increase your capacity to succeed

The end result should be an action plan to help you understand, and exhibit key elements of Emotional Intelligence in your total life process effectively. Also how to overcome and replace old patterns and mindsets that do not serve you or the vision for your future. Understanding that mindsets control emotions and behavior and how you can develop a value system that allows you to become all you want to be – a Success – for you and your Company.