

Today's session over Emotional Intelligence (EI) was a great learning experience and opportunity for all L-3 Employees. Mr. Rechtfertig has a great deal of knowledge and experience on the subject and provided the group with a vast amount of useful information. It was interesting to learn that only 10% of managers are familiar with EI, even though it makes up 70% of our intelligence. He explained that only 30% is actual IQ based intelligence. We as employees must learn how to recognize and manage our emotions, as well as the emotions of those around us. Today's session was full of helpful tips and essential information that we, as future PMs, will be able to use to help increase performance in ourselves and our teams. I am very pleased that I had the opportunity to attend this session and greatly appreciate Mr. Rechtfertig taking the time to come visit L-3 Communications.