

Today's presentation over Emotional Intelligence was very interesting and certainly important to Program Managers. Our guest presenter, Mr. Gary Rechtfertig, was energetic and knowledgeable about this topic and provided a great deal of valuable information about working with and leading people. He made several great points that can be implemented into our day to day interaction with others. "Focus, not react", "Replace negative thoughts with positive ones", and "Know your vision and write it down" are a few that really stuck with me and speak to my weaknesses. These are areas that I can focus on strengthening in order to become a successful PM and leader. Overall, I think this was an excellent presentation and beneficial for not only PMs but for anyone who works with others.